

- **Titre en Anglais :** “Three essays on Development Economics: Food Security and Nutrition”

- **Résumé en Anglais :**

Ensuring food security and nutrition for all is a major challenge of our time. For the last decade, undernourishment and obesity have been on the rise worldwide, while the ongoing COVID-19 pandemic has put the world at risk of a new global food emergency. This thesis studies food security and nutrition in the contexts of Peru (Chapters 1 and 2) and Mexico (Chapter 3) to help design better policies against hunger and to demonstrate the crucial role of good nutrition as a source of health resilience. The first chapter explains how decentralizing a food aid program in Peru contributed to increase households’ calorie consumption, while the second chapter assesses the role of urban mobility, through different vehicles, on improving food security and diet diversity in Peruvian cities. Finally, the third chapter sheds light on the role of obesity in aggravating the health impact of COVID-19 in Mexico.